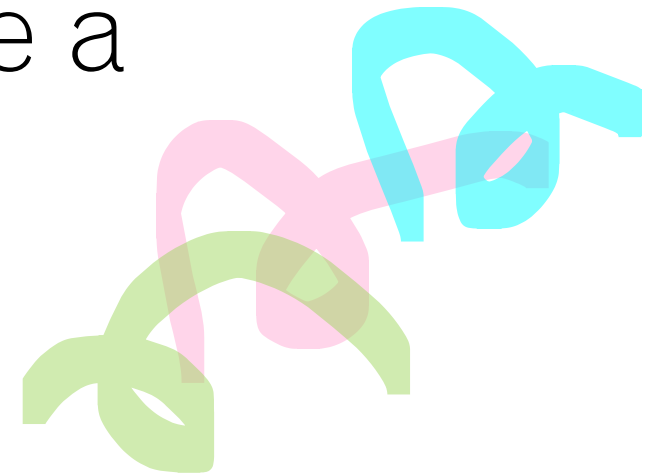


COMMON COLD

By: Amiable Sky L. Dizon
9- Psalms



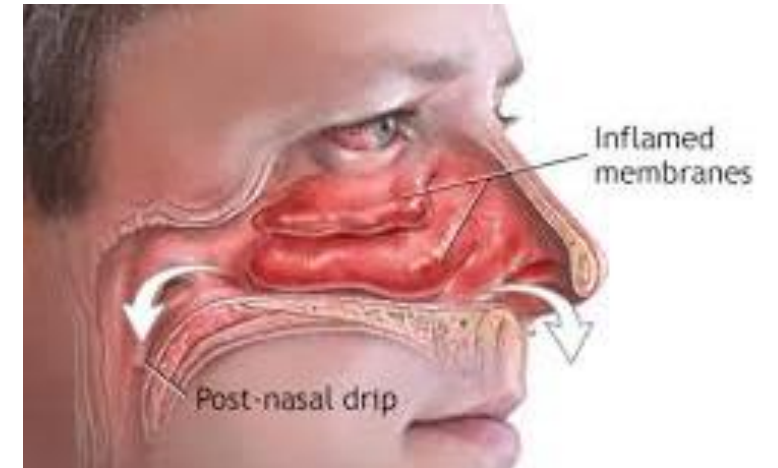
The common cold is a viral infection of your nose and throat (upper respiratory tract). It's usually harmless, although it might not feel that way. Many types of viruses can cause a common cold.





SYMPTOMS OF COMMON COLD

Symptoms of
Common Cold may
include sneezing,
runny nose, nasal
congestion and mild
fever



WHAT BODY PARTS ARE AFFECTED BY COMMON COLD?

The body
parts that are
affected are
our nose,
throat,
and sinuses

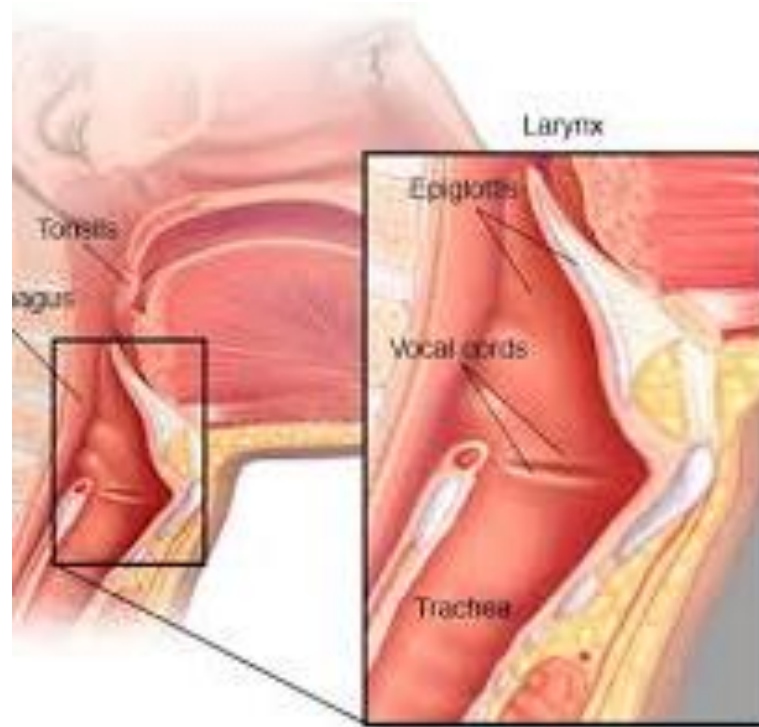
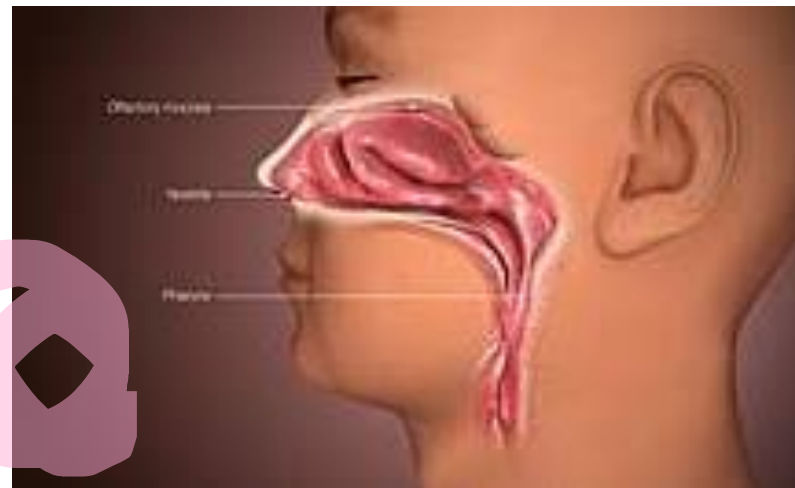
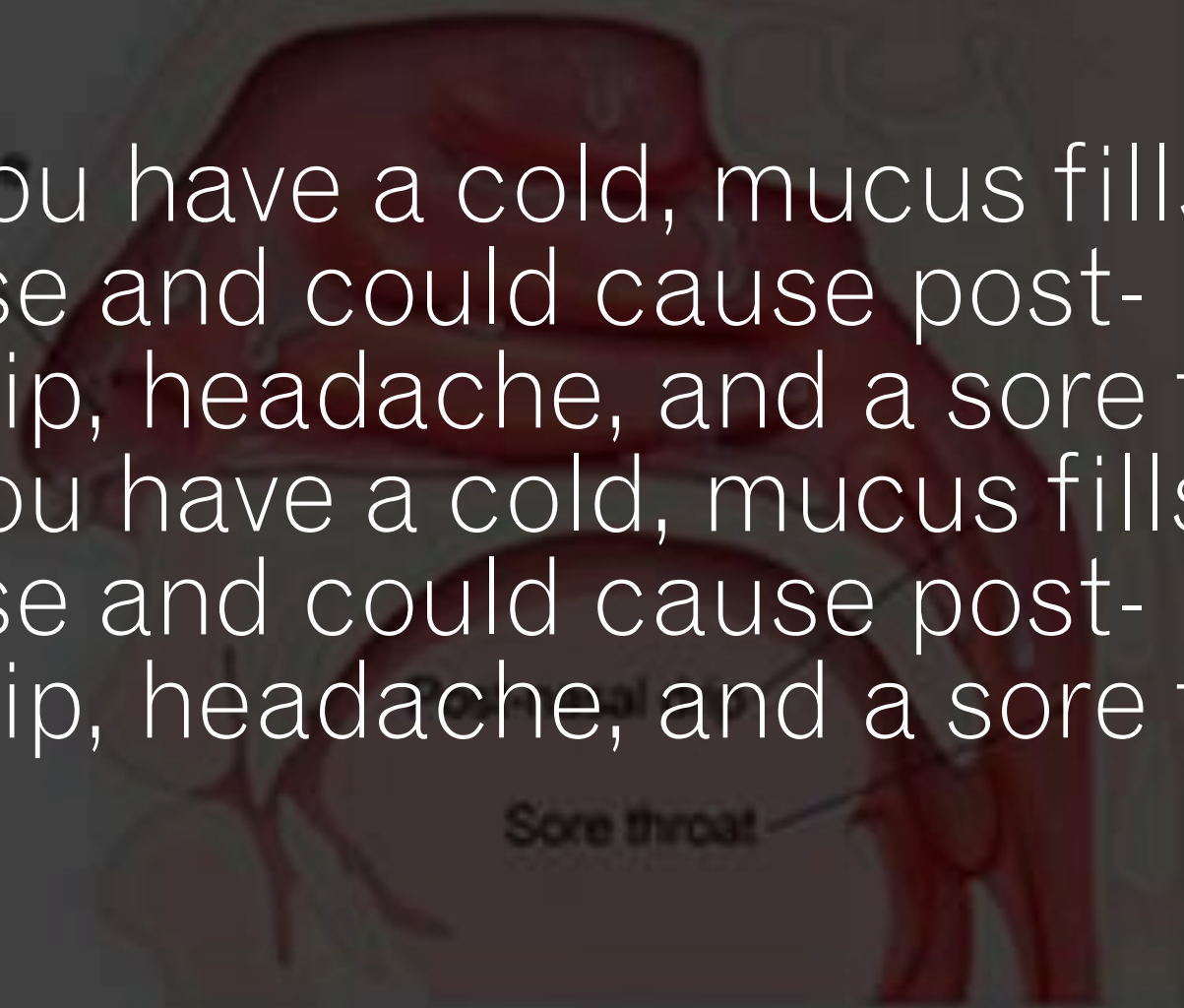


ILLUSTRATION FOR MEDICAL EDUCATION AND RESEARCH. ALL RIGHTS RESERVED.



HOW ARE THE ORGANS AFFECTED?

When you have a cold, mucus fills your nose and could cause post-nasal drip, headache, and a sore throat. When you have a cold, mucus fills your nose and could cause post-nasal drip, headache, and a sore throat.



HOW CAN A PERSON OBTAIN COMMON COLD?

The virus **can** spread through droplets in the air when **someone** who is sick coughs, sneezes or talks. It also spreads by hand-to-hand contact with **someone** who has a **cold** or by sharing contaminated objects, such as utensils, towels, toys or telephones.



HOW CAN WE DETECT A PATIENT WITH COLD

Most people with a common cold can be diagnosed by their signs and symptoms. If your doctor suspects you have a bacterial infection or other condition, he or she may order a chest X-ray or other tests to exclude other causes of your symptoms.



HOW CAN COMMON COLD BE PREVENTED

Wash your hands often. Washing your hands for at least 20 seconds can help protect you from getting sick.

Avoid touching your face.

Use disposable items if a family member is infected. ...

Keep household surfaces clean.

Use paper towels.

Throw tissues away after use.



HOW CAN COMMON COLD BE TREATED?

There's no cure for the common cold. Antibiotics are of no use against cold viruses and shouldn't be used unless there's a bacterial infection. Treatment is directed at relieving signs and symptoms.



REFERENCES

<https://www.mayoclinic.org/diseases-conditions/common-cold/symptoms-causes/syc-20351605>

<https://kidshealth.org/en/kids/colds.html#:~:text=A%20cold%20is%20an%20infection,body%20and%20makes%20you%20sick.>

<https://www.cdc.gov/antibiotic-use/community/for-patients/common-illnesses/colds.html#:~:text=When%20you%20have%20a%20cold,headache%2C%20and%20a%20sore%20throat.&text=View%20Larger-,When%20you%20have%20a%20cold%2C%20mucus%20fills%20your%20nose%20and,headache%2C%20and%20a%20sore%20throat.>

https://www.onhealth.com/content/1/prevent_catching_cold_flu

REFERENCES

<https://www.mayoclinic.org/diseases-conditions/common-cold/symptoms-causes/syc-20351605#:~:text=A%20cold%20virus%20enters%20your,%2C%20towels%2C%20toys%20or%20telephones.>

<https://www.mayoclinic.org/diseases-conditions/common-cold/symptoms-causes/syc-20351605#:~:text=The%20common%20cold%20is%20a,can%20cause%20a%20common%20cold.>

<https://www.mayoclinic.org/diseases-conditions/common-cold/diagnosis-treatment/drc-20351611#:~:text=Most%20people%20with%20a%20common,other%20causes%20of%20your%20symptoms.>