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# Emphysema

→ It's a lung condition that causes shortness of breath. In people with emphysema, the air sacs in the lungs (alveoli) are damaged. Over time, the inner walls of the air sacs weaken and rupture; creating larger air spaces instead of many small ones.



## Causes of this disease

- Tobacco Smoke
- Marijuana Smoke
- Air pollution
- Chemical fumes and dust
- Exposure to indoor and outdoor pollution





## True facts

- Emphysema is a destructive disease of the lung in which the alveoli (small sacs) that promote oxygen exchange between the air and the bloodstream are destroyed.
- Smoking is the primary cause of emphysema which makes it a preventable illness.
- The diagnosis of emphysema is based upon history, physical examination, and pulmonary function studies.
- → Once present, emphysema is not curable, but its symptoms are controllable.

#### How can emphysema be prevented?

It can most likely be prevented by not smoking. Try not to smoke or get away from these things that prohibit smoke.

How can emphysema be treated?

It can be treated by some medications; as such as vaccines, therapy, surgery, antibiotics, steroids, and pulmonary rehabilitation.



# Conclusion

Therefore, emphysema is a very complicated life threatening disease. If anyone ever has this disease; please consult to your doctor immediately. Now, these may seem normal like you may have a hard time breathing, coughing, and chest pain/tightness; but we'll have to stay alert and maybe go and have a check-up to see the doctor. You may ask why this is important, well if you can't breathe that may lead to having lung complications at all times, they're could be something wrong with how you are breathing. Let's just be careful and alert when these activities start to happen, remember to consult your doctor. Keep safe everyone!

# Thank you for browsing and reading thru this. Hope you all learned more about Emphysema.

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